# RETIREMENTINSIDER



# THE IMPORTANCE OF DIVERSIFICATION



FOR A PERSONAL WEALTH OF REASONS

It comes as no surprise that losing money in the stock market can be painful, especially when you feel that you have no control over market volatility.

Many investors try to avoid losses by shifting funds toward the hottest-trending stocks that seem to be performing well or that are getting media attention, but this is not always the best approach to protect your portfolio. In fact, one of the most well-known ways to cushion yourself against market volatility is to diversify your investments among many asset classes.

# THE IMPORTANCE OF DIVERSIFICATION

It is impossible to tell exactly when the markets will change, but if you divide your overall investments between a variety of stocks, bonds, and alternatives, you may fare better at guarding against market shocks and fluctuations.

# FOUR REASONS DIVERSIFICATION MAY IMPROVE OUTCOMES

# 1. Crystal Balls Are a Myth

The reality is that no level of brilliance, research, or conviction can inform exactly what is going to happen next. This is a lesson that, as humans, we are constantly re-learning. In early January 2020, we were not predicting that a pandemic was going to disrupt the world, halting economies across the globe. While there are many other less dramatic examples, such as speculation about how the Federal Reserve will manage interest rates, or how Congress will handle our national debt, none of us knows exactly what decisions will be made in the next six months. The list of unknowns is infinite, and diversification is an acceptance of this fact that offers both a way to protect on the downside and benefit on the upside.

# 2. Diversification Lowers Portfolio Volatility Over Time

When a particular stock or asset class is going up, it is easy to forget that what goes up can also come down. In addition, when a portfolio goes down 50%, it must come back 100% to reach its former value. As depicted in the 15-Year Investment Performance chart below, diversification allows investors to lower volatility relative to returns, while enjoying reasonable returns over time without the pressure of selecting a single investment that will act as their golden ticket.

# **Asset Class Returns**

	2009-	-2023																
	Ann.	Vol.	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
HIGH	Large Cap	Sm all Cap	Fixed Income	EM Equity	R⊟Ts	R⊟Ts	R⊟Ts	Sm all Cap		R⊟Ts	Sm all Cap	EM Equity	Cash	Large Cap	Sm all Cap		Comdty.	Large Cap
ANNUAL RETURNS	14.0%	21.9%	5.2%	79.0%	27.9%	8.3%	19.7%	38.8%	28.0%	2.8%	21.3%	37.8%	1.8%	31.5%	20.0%	41.3%	16.1%	26.3%
	Sm all Cap	REITs	Cash	High Yield	Sm all Cap	Fixed Income	High Yield	Large Cap	Large Cap	Large Cap	High Yield	DM Equity	Fixed Income		EM Equity	Large Cap	Cash	DM Equity
	11.3%	21.2%	1.8%	59.4%	26.9%	7.8%	19.6%	32.4%	13.7%	1.4%	14.3%	25.6%	0.0%	28.7%	18.7%	28.7%	1.5%	18.9%
	R⊟Ts	EM Equity	Asset Al <b>R</b> c.	DM Equity	EM Equity	High Yield	EM Equity	DM Equity	Fixed Income	Fixed Income	Large Cap	Large Cap	R⊟Ts	Sm all Cap	Large Cap	Com dty.	High Yield	Small Cap
	10.9%	20.3%	-25.4%	32.5%	19.2%	3.1%	18.6%	23.3%	6.0%	0.5%	12.0%	21.8%	-4.0%	25.5%	18.4%	27.1%	-12.7%	16.9%
	High Yield	DM Equity	High Yield	REITs	Comdty.	Large Cap	DM Equity	Asset Allec.	Asset	Cash	Comdty.	Sm all Cap	High Yield	DM Equity	Asset	Sm all Cap	Fixed Income	Asset Allec.
	8.6%	18.4%	-26.9%	28.0%	16.8%	2.1%	17.9%	14.9%	5.2%	0.0%	11.8%	14.6%	-4.1%	22.7%	10.6%	14.8%	-13.0%	/14.1%
	Asset Alloc. 8.1%	Com dty. 16.6%	Small Cap -33.8%	Small Cap 27.2%	Large Cap 15.1%	Cash 0.1%	Sm all Cap 16.3%	High Yield 7.3%	Small \ Cap 4.9%	DM Equity -0.4%	Equity 11.6%	Asset Alloc. 14.6%	Large Cap -4.4%	Asset Alloc. 19.5%	DM Equity 8.3%	Asset Allec. 13.5%	Asset Alfoc13.9%	High Yield 14.0%
	DM Equity 7.4%	Large Cap 16.1%	Comdty. -35.6%	Large Cap 26.5%	High Yield 14.8%	Asset Allec.	Large Cap 16.0%	R⊟Ts 2.9%	Cash 0.0%	Asset Allec. -2.0%	R⊟Ts 8.6%	High Yield 10.4%	Asset Alloc. -5.8%	EM Equity 18.9%	Fixed Income 7.5%	DM Equity 11.8%	DM Equity -14.0%	R⊟Ts 11.4%
	EM Equity 6.9%	High Yield 11.5%	Large Cap -37.0%	Asset Alle:	Asset Aboc. 13.3%	Sm all Cap -4.2%	Asset Alboc. 12.2%	Cash 0.0%	High Yield 0.0%	High Yield -2.7%	Asset Alloc. 8.3%	R⊟Ts 8.7%	Sm all Cap -11.0%	High Yield 12.6%	High Yield 7.0%	High Yield 1.0%	Large Cap -18.1%	EM Equity 10.3%
	Fixed Income 2.7%	Asset Alloc. 11.5%	R⊟Ts	Comdty.	DM Equity 8.2%	DM Equity -11.7%	Fixed Income 4.2%	Fixed Income -2.0%	EM Equity -1.8%	Small Cap -4.4%	Fixed Income 2.6%	Fixed Income 3.5%	Com dty.	Fixed Income 8.7%	Cash 0.5%	Cash	EM Equity -19.7%	Fixed Income 5.5%
	Cash	Fixed Income	DM Equity	Fixed Income	Fixed Income	Com dty.	Cash	EM Equity	DM Equity	EM Equity	DM Equity	Comdty.	DM Equity	Com dty.	Com dty.	Fixed Income	Sm all Cap	Cash
	0.8%	4.5%	-43.1%	5.9%	6.5%	-13.3%	0.1%	-2.3%	-4.5%	-14.6%	1.5%	1.7%	-13.4%	7.7%	-3.1%	-1.5%	-20.4%	5.1%
	Comdty.	Cash	EM Equity	Cash	Cash	EM Equity	Comdty.	Comdty.	Comdty.	Comdty.	Cash	Cash	EM Equity	Cash	REITs	EM Equity		Comdty.
LOW	-0.2%	0.7%	-53.2%	0.1%	0.1%	-18.2%	-1.1%	-9.5%	-17.0%	-24.7%	0.3%	0.8%	-14.2%	2.2%	-5.1%	-2.2%	-24.9%	-7.9%

Source: Bloomberg, FactSet, MSCI, NAREIT, Russell, Standard & Poor's, J.P. Morgan Asset Management. Large cap: S&P 500, Small cap: Russell 2000, EM Equity: MSCI EME, DM Equity: MSCI EAFE, Comdty: Bloomberg Commodity Index, High Yield: Bloomberg Global HY Index, Fixed Income: Bloomberg US Aggregate, REITs: NAREIT Equity REIT Index, Cash: Bloomberg 1-3m Treasury. The "Asset Allocation" portfolio assumes the following weights: 25% in the S&P 500, 10% in the Russell 2000, 15% in the MSCI EAFE, 5% in the Bloomberg US Aggregate, 5% in the Bloomberg 1-3m Treasury, 5% in the Bloomberg Global High Yield Index, 5% in the Bloomberg Commodity Index and 5% in the NAREIT Equity REIT Index. Balanced portfolio assumes annual rebalancing. Annualized (Ann.) return and volatility (Vol.) represents period from 12/31/2007 to 12/31/2022. Please see disclosure page at end for index definitions. All data represents total return for stated period. The "Asset Allocation" portfolio is for illustrative purposes only. Past performance is not indicative of future returns.

Guide to the Markets - U.S. Data are as of December 31, 2023.



# 3. A Well-Diversified Portfolio Allows You to Participate Without Attempting to Pick Top Performers at a Moment in Time

The 15-Year Investment Performance chart above shows that by allowing for participation through various market sectors, the diversified portfolio produces compelling returns relative to the volatility level of the portfolio over time.

#### 4. Diversification is Proven to Work

Diversification is the only "free lunch" in investing and is an important means to reduce overall portfolio volatility and improve returns over time. A well-diversified portfolio across asset classes provides a "smoother ride." Downside protection and loss aversion are key considerations when selecting investments and building portfolios.<sup>1</sup>

# IN CLOSING

There are countless expressions regarding the importance of diversification in our lexicon, such as "don't put all your eggs in one basket." Unsurprisingly, the same is true of your investment portfolio. Limiting volatility is essential to meeting long-term financial goals. Diversification works and our philosophy is to construct all-weather portfolios robust enough to navigate varying market environments so that you meet your financial goals.

## **ABOUT ROEHL & YI**

Together, co-founders Tom Roehl and Jayman Yi, along with their qualified team of experienced personal wealth advisors, have more than 100 years of combined financial planning and investment experience. Their knowledge spans retirement plan management and consulting, complex financial analysis, estate planning, business formation, trading, and asset allocation best practices.

Contact Roehl & Yi Investment Advisors to assist you.



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